THE HOUSTON SPINE & REHABILITATION CENTERS

Houston Spine & Rehabilitation Affiliates

Spine Rehab Affiliates

PERSONAL INFORMATION:

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Cell Phone: _____

Email: _____

Social Security #: _____ Birthdate: _____ Age: _____

Status: ☐ Married ☐ Divorced ☐ Widowed ☐ Other Gender: ☐ Male ☐ Female

Occupation: _____ Employer's Name: _____

Work Address: _____

City: _____ State: _____ Zip Code: _____

Emergency Contact: _____ Relationship: _____

Contact Number: _____

How were you referred to us? _____

INSURANCE: Please provide a copy of your insurance card. If your plan requires a referral, please provide a copy.

Primary Insurance: _____

Subscriber Name: _____ DOB: _____

Identification #: _____ Group #: _____

AUTHORIZATION & ASSIGNMENT:

I authorize the release of any and all records to The Houston Spine & Rehabilitation Centers, PLLC or Houston Rehabilitation & Spine Affiliates, PLLC, Spine Rehab Affiliates. PLLC as requested. I authorize payment of any benefits to be paid directly to this facility. I authorize the doctor to release all information necessary to secure the payment of benefits. I understand that I am responsible for all costs of services rendered, regardless of insurance coverage. I understand if I have an unpaid balance to The Houston Spine & Rehabilitation Centers, Houston Spine & Rehabilitation Affiliates, Spine Rehab Affiliates, and do not make satisfactory payment arrangements, my account may be placed with an external collection agency. I will be responsible for reimbursement of any fees from the collection agency, including all costs and expenses incurred collecting my account, and possibly including reasonable attorney's fees if so incurred during collection efforts. I also understand regardless of scheduled future care, any fees for all services will be immediately due and payable. I understand it is my responsibility to consult with my primary care physician to rule out any underlying medical condition not related to my musculoskeletal condition, and/or symptoms presented.

Patient Signature: _____ Date: _____

Guardian Signature: _____ Date: _____

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Welcome to our practice! Please help us by completing the questionnaire so we can provide you with the best comprehensive care.

NEW PATIENT HISTORY:

Date:_____ Name:_____
Last First Middle Initial

CHIEF COMPLAINT:

What is the reason for your visit today? _____

Please mark the severity of your complaint **right now**:

☐ No symptoms ☐ Discomfort – does not affect activity ☐ Prevents personal activities
☐ Limits work ☐ Prevents all activity ☐ Keeps me bedridden

Please mark the severity of your complaint **on average**:

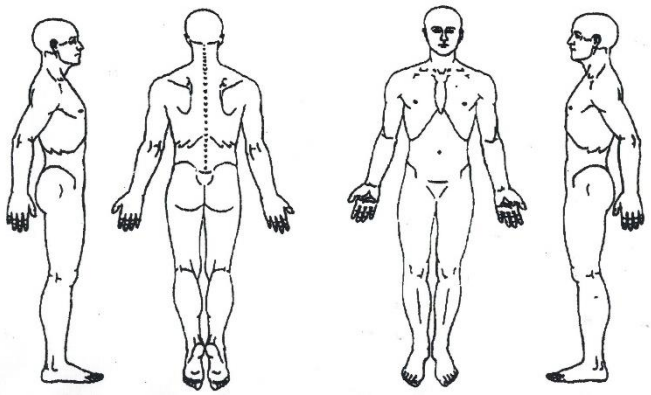
☐ No symptoms ☐ Discomfort – does not affect activity ☐ Prevents personal activities
☐ Limits work ☐ Prevents all activity ☐ Keeps me bedridden

Please mark the severity of your complaint **at its best**:

☐ No symptoms ☐ Discomfort – does not affect activity ☐ Prevents personal activities
☐ Limits work ☐ Prevents all activity ☐ Keeps me bedridden

Please mark the severity of your complaint **at its worst**:

☐ No symptoms ☐ Discomfort – does not affect activity ☐ Prevents personal activities
☐ Limits work ☐ Prevents all activity ☐ Keeps me bedridden



Mark the areas of your complaint on the diagrams to the left. Please include any descriptors or comments that you feel are important.

If your symptoms travel to other areas of your body, mark the diagram to reflect how the symptoms seem to move.

ALLERGIES:

Please check all that apply:

☐ None	☐ Adhesive	☐ Dairy products
☐ Iodine	☐ Novocain	☐ Sulfa drugs
☐ Xylocaine	☐ Codeine	☐ Eggs
☐ Environmental (dust, pollen, etc.)	☐ Latex	☐ Penicillin
☐ Tetracycline		

Please list any additional allergies and your symptoms/reaction:

_____

_____

SOCIAL HISTORY:

Please check all that apply:

☐ Alcohol use	How often? _____	☐ Caffeine use
☐ Alternative medicine use	☐ Difficulty driving	☐ Disability
☐ Financial difficulty	☐ Recreations drug use	☐ Good support system

☐ Tobacco use ☐ Chewing tobacco ☐ Cigar ☐ Pipe ☐ Previous smoker ☐ Never smoked

Cigarettes – packs per day? _____ How old were you when you started? ____

Sleep habits ☐ > than 6 hours a night ☐ 7-9 hours a night ☐ < than 9 hours

PAST SURGICAL HISTORY:

Please check all that apply:

☐ Abdominal surgery ☐ Amputation ☐ Artificial joint ☐ Back surgery ☐ Cervical fusion

☐ Fracture repair ☐ Laminectomy ☐ Medical spine procedure ☐ Neck surgery

☐ Pacemaker implant ☐ Post or prolonged bleeding ☐ Removal of abdominal adhesions

☐ Anesthetic complications ☐ Other _____

Please list any major accidents, type and year: _____

_____

PAST MEDICAL HISTORY:

Please check all that apply:

☐ Alcoholism	☐ Angina	☐ Asthma
☐ Ankylosing Spondylosis	☐ Back injury / pain	☐ Blood transfusion
☐ Bowel problems	☐ Cancer: location_____	☐ C.O.P.D.
☐ Coagulopathy	☐ Depression	☐ Diabetes
☐ Fibromyalgia	☐ Hemophilia	☐ Hypertension
☐ Joint sprain: location _____	☐ Musculoskeletal problems	☐ Neck pain
☐ Osteoporosis	☐ Pacemaker	☐ Phlebitis
☐ Shoulder dislocations	☐ Sleep apnea	☐ Stomach problems
☐ Stroke	☐ Syncope/Fainting spells	☐ Thyroid disorder
☐ Tuberculosis	☐ Other _____	

REVIEW OF SYMPTOMS:

Please check all that apply:

CONSTITUTIONAL: ☐ Fever ☐ Weight loss ☐ Obesity ☐ Loss of appetite ☐ Fatigue ☐ Anxiety ☐ Allergies

MUSCULOSKELETAL: ☐ Back pain ☐ Headaches ☐ Extremity pain ☐ Bone demineralization ☐ Unstable fracture ☐ Spinal infection ☐ Spinal bone tumors

NEUROLOGICAL: ☐ Sudden numbness ☐ Sudden headaches ☐ Loss of sensation ☐ Confusion ☐ Dizziness ☐ Slurred speech ☐ Loss of balance

CARDIOVASCULAR: ☐ High blood pressure ☐ Heart disease ☐ Arterial aneurysm ☐ Angina ☐ Irregular heart beat ☐ Bleeding disorder ☐ Heart attack

RESPIRATORY: ☐ Asthma ☐ COPD ☐ Common cold ☐ Emphysema ☐ Pneumonia ☐ Cancer ☐ Pneumothorax

EYES: ☐ Vision trouble ☐ Double vision ☐ Night blindness ☐ Glaucoma ☐ Cataracts ☐ Discharge ☐ Droopy eyelids

E,N,M,T: ☐ Hearing loss ☐ Tinnitus ☐ Vertigo ☐ Nose bleeds ☐ Dry mouth ☐ Change in taste ☐ Bleeding gums

GENITOURINARY: ☐ Kidney infection ☐ Loss bladder control ☐ Urine color change ☐ Painful urination ☐ Urine leakage ☐ Urgency ☐ Blood in urine

GASTROINTESTINAL: ☐ Diarrhea ☐ Blood in stool ☐ Abdominal pain ☐ Liver/Gall condition ☐ Nausea/Heartburn ☐ Loss bowel control ☐ Prostate problems

THE HOUSTON SPINE & REHABILITATION CENTERS
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Spine Rehab Affiliates

To: Patients of The Houston Spine & Rehabilitation Centers and Houston Spine and Rehabilitation Affiliates and Spine Rehab Affilates

The Houston Spine & Rehabilitation Centers and Houston Spine and Rehabilitation Affiliates and Spine Rehab Affiliates specialize in the treatment of the spine and associated pain. We perform various treatments consisting of passive modalities, therapeutic interventions and spinal manipulation. The goal of our services is to reduce and/or eliminate your pain, however, with any chiropractic and/or physical medicine services there are risks associated with the services we provide.

As your healthcare provider, we feel that it is crucial that you understand these risks. Be informing you of these risks, we are striving to move actively involve you in our care, as well as further assist you in making well informed decisions regarding your treatment options.

PASSIVE MODALITIES

Passive modalities consist of the following treatments: hot packs, cold packs, ultrasound, electrical stimulation, massage, traction and cold laser. The primary risk associated with passive modalities is skin irritation due to exposure to heat, cold or agents used in application or modalities (i.e. lotions and pads). If you have experienced skin sensitivity to heat, cold temperatures and/or lotions or similar products in the past, or are aware of any skin allergies, please inform our staff prior to treatment so proper precautions can be made prior to initiating treatment.

THERAPEUTIC INTERVENTIONS

Therapeutic interventions consist of the following types of treatments: stretching, flexibility exercises, strengthening exercises, joint mobilizations and myofascial release. Therapeutic interventions are generally quite safe, though there are risks associated with each of these procedures. The primary risk is potential aggravation of your current condition and/or underlying condition. As with any physical activity and/or exercise, there is also the risk of injury. Though this risk is minimal, as you are under the direct supervision of experienced clinical staff, it may still exist. Some responses to therapeutic interventions are muscle soreness, muscle fatigue, increased discomfort, overall tiredness and/or joint stiffness and/or pain. It is important that you inform your treating staff member of any of these responses following your treatment and more importantly, it is crucial that you continue to attend your appointments as scheduled so your condition can be documented and your symptoms effectively managed.

SPINAL MANIPULATION

Spinal Manipulation consists of adjustments that seek to restore normal function to the spine and other joints. Typically, this involved applying a specific, highly controlled treatment directly to a joint or muscle. This treatment often reduces or eliminates both local and referred pain, allows muscle spasms to relax and may even release the irritation from the nervous system, which may result in other health benefits. As with any healthcare service, there are potential reactions and risks, however as with any healthcare intervention, it is hoped that the expected benefits of spinal manipulation exceed the expected risks. These are unavoidable risks of spinal manipulation which, though rare, can occur.

DISK HERNIATION

The occurrence of disk herniation during spinal manipulation is highly unlikely. In fact, averaged disks withstand an average of 23 degrees or rotation and degenerated disks an average of 14 degrees of rotation before failure occurs. Furthermore, given the fact that during manipulation posterior facet joints limit rotation to a maximum of 23 degrees, this joint would have to fracture to allow any further rotation to occur.

CAUDA EQUINA SYNDROME

It is estimated that the rate of occurrence of the Cauda Equina Syndrome as a complication of lumbar spinal manipulation is about one case per 100 million manipulations. It is probably higher in patients with a herniated nucleus pulposus and lower in patients without this anatomic abnormality.

VERTEBROBASILAR ARTERY COMPROMISE

Serious complications of cervical spine manipulation are also rare (none have been reported in any of the clinical trials), but appear to be more common and severe than complication of lumbar manipulation. The most serious complication of the cervical spine manipulation is related to compromise of the vertebrobasilar artery, leading to stroke or death. The risk is higher for manipulation involving rotation plus extension of the vertical spine than for other types of manipulation and those persons who have suffered manipulation related vertebrobasilar artery compromise due to atherosclerotic disease. The best estimate of the incidence of vertebrobasilar artery compromise related to cervical spine manipulation is that is occurs one in a million manipulations (Hurwitz, 1996; McGregor, 1955).

PATIENT UNDERSTANDING AND ACCEPTANCE OF RISKS ASSOCIATED WITH TREATMENT

As your doctor, it is our responsibility to inform you of the potential risks and benefits of your treatment, but we also want to assure you that we strive to minimize these risks by providing thorough clinical examination and by performing diagnostics as clinically indicated. Furthermore, we continually review medical literature pertaining to current trends within our profession as well as throughout the entire medical community to ensure the safest and most effective care.

Patient's Signature: _____ Date: _____

Guardian's Signature Authorizing Care: _____

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AUTHORIZATION FOR TELEPHONE CONTACT

I authorize the staff of The Houston Spine & Rehabilitation Centers and affiliates to contact me at my home, cell, or any other alternate phone number that I have listed.

Which phone number do you prefer we contact first? ☐ Home ☐ Work ☐ Cell

_____ **(Initial)** I authorize The Houston Spine & Rehabilitation Centers and affiliated entities to leave a voicemail on the above phone in reference to any items that assist the practice in carrying our Treatment, Payments and Healthcare Operations (TPO), such as appointment reminders, insurance items, and any other calls pertaining to my clinical care, including lab results among others.

AUTHORIZATION FOR U.S. MAIL AND EMAIL

Consent for The Houston Spine & Rehabilitation Centers and affiliated entities to mail to my home or email any item is that assist the practice in carrying out TPO, such as appointment reminders, documentation to refer out for services, documentation requested by myself and patient statements. I understand that as with any Internet service, there is a risk sending information through email. All records are kept in our Electronic Medical Record.

☐ I acknowledge and consent to receive paper mail ☐ I acknowledge and consent to receive email

NOTICE OF PRIVACY PRACTICES

I understand that, under the Health Insurance Portability & Accountability Act of 1996 (HIPPA), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- Conduct, plan and direct my treatment and follow up among the multiple healthcare providers who may be involved in that treatment directly and indirectly
- Obtain payment from third party payers
- Conduct normal healthcare operations such as quality assessments and physician certifications

I agree to receive an electronic copy of the Notice of Privacy Practices **(available on our website spineandrehab.com or by contacting the office)** containing a more complete description of the uses and disclosures of my health information. I understand that this organization has the right to change its Notice of Privacy Practices from time to time and that I may contact this organization at any time at the address above to obtain a current copy of the Notice of Privacy Practices.

I understand that I may request in writing that you restrict how my private information is used or disclosed to carry out treatment, payment or health care operations. I also understand you are not required to agree to my requested restrictions, but if you do agree, that you are bound to abide by such restrictions.

By acknowledging below I give my consent for The Houston Spine & Rehabilitation Centers and affiliated entities to use and disclose my protected health information (PH) in the ways described in the Notification and to carry out treatment, payment, and healthcare operations (TPO).

_____ **(Initial)** I acknowledge that I have read or been given the opportunity to read the Notification of Privacy Practices and agree as indicated above.

Due to the privacy laws mentioned above, we are unable to discuss your PHI (including appointment information) with any family member without your expressed consent. If you would like us to be able to discuss any aspect of your PHI with a spouse, parent or other family member please list them below. For minor children we will follow any applicable state or federal laws regarding release of information.

I authorize The Houston Spine & Rehabilitation Centers and all of its affiliated entities and healthcare providers to discuss issues regarding my visits, any lab or test results, my appointments or insurance with the following people and understand that this authorization will remain in effect until I notify the office in writing of any changes.

Name of individual to release information to: _____ Relationship: _____

_____ **(Initial)** I do not wish to designate anyone to have access to my information.

Signature: _____ Date: _____

Patient Name: _____

THE HOUSTON SPINE & REHABILITATION CENTERS
Houston Spine & Rehabilitation Affiliates , Spine Rehab Affiliates

PATIENT ACKNOWLEDGMENT OF BILLING PRACTICES:

The Houston Spine & Rehabilitation Centers and/or Houston Spine and Rehabilitation Affiliates and/or Spine Rehab Affiliates have many facets to care for patients and their healthcare needs.

A patient may be treating with the professionals and clinicians in one or more of the facets of The Houston Spine & Rehabilitation Centers and/or Houston Spine and Rehabilitation Affiliates and/or Spine Rehab Affiliates. The treating doctors, physical therapists and clinicians include, but are not limited to:

Dr. Mark Yezak, DC
Dr. Scott Neuburger, DC
Dr. Lenny Jue, MD
Jennifer Barton , DPT
Mauricio Porras, DPT
Danielle Hogan, DPT
Dr. Jerry Gentry, MD
Jeremy Kintz, DC
Shanna Lee, DC
Talib Sunesara, DC
Suraj Patel, DC
Matthew Cowley, DC
Erica Everett, NP

Due to the multiple disciplines utilized for patient care, The Houston Spine & Rehabilitation Centers and Houston Spine and Rehabilitation Affiliates and Spine Rehab Affiliates are under the direction of Medical Director, Dr. Lenny Jue, MD and Jerry Gentry, MD.

Most claims for patient care are submitted to insurance companies under the direction of our Medical Directors, Dr. Lenny Jue, MD. or Jerry Gentry, MD. Both Providers are in-network on most major medical insurance plans and their names will appear on all explanation of benefits and correspondence from the insurance company.

During patient care, the benefit levels that will be utilized on insurance plans are the specialist and physical therapy benefits.

By signing this acknowledgment, the patient understands the billing practices of The Houston Spine & Rehabilitation Centers and Houston Spine and Rehabilitation Affiliates and Spine Rehab Affiliates . If there are any questions, please contact our office.

_____ _____
Signature of Patient or Guardian Date

_____ _____
Printed Name of Patient or Guardian Name of Patient if Guardian Required

THE HOUSTON SPINE & REHABILITATION CENTERS

Houston Spine & Rehabilitation Affiliates

Spine Rehab Affiliates

DISCLOSURE OF PHYSICIAN OWNERSHIP INTEREST NOTICE TO PATIENTS:

Dear Patient,

Please carefully review this notice.

In order to allow you to make a fully-informed decision about your healthcare, the physicians of HSRC and affiliated Practices would like to inform you that at some point during the course of your treatment, the providers may refer you to Spring Imaging Center or Galleria MRI to perform imaging studies. The practice wishes to advise you that Dr. Mark Yezak and Dr. Scott Neuburger have a direct ownership interest in:

SPRING IMAGING CENTER
26218 I-45
SPRING, TX 77386

GALLERIA MRI
3391 WESTPARK DRIVE
HOUSTON, TX 77005

All of the practice's physicians will make referrals to laboratories, diagnostic imaging centers or hospitals, based upon the best interest of a patient's health and any other factors that a patient would like his or her physicians to consider, regardless of any ownership, interest or compensation arrangement that a physician may have with a particular laboratory or other facility.

You, as a patient, have the right to choose the provider of your healthcare services and the diagnostic facilities where you receive services or treatment.

If you have any questions concerning this notice, please feel free to ask your physician or any member of our staff. We welcome you as a patient and value our relationship with you.

By signing below, you acknowledge that you have read and fully understand this notice.

_____ _____

Signature of Patient Date

_____ _____

Signature of Guardian Date

Services Not Considered by Insurance

Houston Spine & Rehabilitation Centers
We've got your back.®

UNDERSTANDING SERVICES NOT CONSIDERED BY YOUR INSURANCE CARRIER
There are some services that are not covered by your insurance carrier. Below are the services that are not considered by your insurance carrier.

Spinal Decompression/ Traction | Cost: $80.00 /session
Decompression and is a service prescribed to treat specific issues for the Cervical Spine or the Lumbar Spine. Your doctor will advise you if you are a candidate for this service. If you are prescribed Decompression for either the cervical or lumbar spine, the number of visits you are prescribed will vary between 20-25 visits. The number of visits will vary based on how your body responds to the Decompression service. Your visits will include standard post modality care. These standard post modalities are not billed to your insurance carrier. We will not be billing Decompression services to your insurance carrier. You have 2 options of which you can opt to pay for Decompression sessions:

_____ Option 1: Pay for sessions per date of service without discount. $960 Total
_____ Option 2: Pay for sessions in advance utilizing the "Prompt Pay" discount in the amount of $360. Total Package $600.

If you are having Decompression therapy in combination with any of the other not-considered services on this list, the cost will be added to your patient responsibility. In cases where a patient has taken advantage of the "Prompt Pay" discount, the patient will be asked for payment of the other services that they have received listed on this advisement.

Functional Dry Needling (FDN) | Cost: $80.00/session
Functional Dry Needling is a short-term prescribed service that is performed by a Licensed Physical Therapist. FDN requires a short PT Evaluation with the Licensed Physical Therapist who will be performing the service. Your doctor/therapist will be setting the frequency and duration.

If you are prescribed FDN, the FDN service will not be billed to your insurance carrier but all standard modalities and physical therapies will be billed. The cost for the FDN will be collected from you at the time of service. If the payment is not collected on the same date of service you have the FDN performed, it will be collected from you at the Check In/Check Out and/or be billed to you.

Therapeutic Cupping | Cost: $30.00 / session
Therapeutic Cupping is a short-term prescribed service that is performed either by a modalities technician or a Licensed Physical Therapist. Your doctor/therapist will be setting the frequency for the short-term prescribed service. In most cases, 3 sessions are prescribed.

If you are prescribed Therapeutic Cupping, the service will not be billed to your insurance carrier, but all standard modalities and physical therapies will be billed. The cost for Therapeutic Cupping will be collected from you at the time of service. If the payment is not collected on the same date of service you have the service performed, it will be collected from you at the Check In/Check Out and/or be billed to you.

Active Release Techniques (ART) | Cost: $30.00 /session
ART is a prescribed service that is performed by your treating doctor. If you are prescribed ART in conjunction with your treatment plan, the service will not be billed to your insurance carrier, but all other therapies will be billed. The cost for ART will be collected for you at the time of service. If the payment is not collected on the same date of service you have the service performed, it will be collected from you at the Check In/Check Out and/or be billed to you.

Laser Therapy Cost 1 $95.00/ Session
If you are prescribed Laser Therapy the number of visits you are prescribed will vary between 6-12 visits. The number of visits will vary based on how your body responds to the Laser Therapy service. We will not be billing Laser therapy services to your insurance carrier. You have 2 options of which you can opt to pay for Decompression sessions:

_____ Option 1: Pay for sessions per date of service without discount.
_____ Option 2: Pay for sessions in advance utilizing the "Prompt Pay" discount of $25 per session. Example 6 visits $ 75 for a total total of $450